

## COVID-19 Links for Parents

General information about COVID-19

<https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/2019-Novel-Coronavirus.aspx>

Teens & COVID-19: Challenges and Opportunities During the Outbreak

<https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Teens-and-COVID-19.aspx>

Mental Health During COVID-19: Signs Your Child May Need More Support

<https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Signs-your-Teen-May-Need-More-Support.aspx>

COVID-19 and Multisystem Inflammatory Syndrome in Children (MIS-C)

[https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/covid\\_inflammatory\\_condition.aspx](https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/covid_inflammatory_condition.aspx)

Getting Children and Teens Outside While Physical Distancing

<https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Getting-Children-and-Teens-Outside-While-Social-Distancing.aspx>

The American Academy of Pediatrics (AAP) releases a monthly newsletter with up to date recommendations and tips. Register to join the 100,000+ parents receiving FREE AAP news.

<https://healthychildren.org/english/pages/registerinformation.aspx>